

***EMPOWERING CHILDREN  
& FAMILIES SINCE 1865***



## WELCOME HOME

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Here at The Children's Study Home we, like our founding Matriarch **Rachel Capen Miriam**, feel **"Home"** is the most important part of our name. At CSH we see our mission as providing care and support in order to help children and families stay home, go home or find home....whether that **"Home"** is school, community support services or where one lives. We do this through a variety of services in **Springfield**, the **Berkshires** and on **Cape Cod**.

We are proud to share with you information about our **group homes**, **educational programs**, **foster care services**, and **family support programs**. All of our programs reflect high expectations and values that are in accordance with our rich history as well as those of our external stakeholders and the state agencies we work with.

# HISTORY

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Originally founded in April of 1865 as The Springfield Home for Friendless Woman and Children, **The Children's Study Home** was one of the **first human service organizations** in Massachusetts. Beginning with a broad group of community leaders to provide a temporary home for woman and children in need, we have continued to meet the ever-changing needs of the community, while maintaining our founding mission.

Volunteers came together and created a mission that has stood the test of time; approaching nearly two centuries of partnering with children and families in our community. As the organization grew and needs changed, we became more focused on **services for children**. In the 1940's we took on a new name, **The Children's Study Home**, to reflect the diagnostic and treatment work we pioneered for children with emotional and behavioral health needs.

Today, **The Children's Study Home** continues to be a charitable organization devoted to identifying and addressing the needs of children and families in our **community**. We offer a continuum of services designed to provide **positive interventions** for youth and families in our care, and remain dedicated to strengthening families through services and outreach.

# EDUCATIONAL

## **MILL POND SCHOOL - SPRINGFIELD & RICHMOND**

The Mill Pond School was established in 1976 and has since served hundreds of children with behavioral and emotional challenges. The Mill Pond staff develops a comprehensive individualized plan for each student. Students receive academic, therapeutic, and extra-curricular services that help each student achieve their identified goals and eventually move on, better prepared to cope and conquer the challenges they face.

Our academics are extremely important and each classroom teacher is provided with a teacher assistant to help better meet the needs of our students. Each student is placed thoughtfully, remaining mindful of each individual's goals and the environment that would best meet those goals. Our purpose is to stabilize the environment for learning; eventually move the students to a less-restrictive setting and return them to their home district.



## CURTIS BLAKE DAY SCHOOL (CBDS)



The Curtis Blake Day School of The Children's Study Home is a private special education day school that provides instruction to students with language based learning disabilities. All aspects of the curriculum focuses on understanding language and effectively communicating one's knowledge. The goal of our unique curriculum, which integrates multiple methodologies, is a systematic collaboration between our certified teachers, many of whom are reading specialists, and our speech-language pathologists. Students learn to read by reading, to write by writing, to use language through discourse, and to understand mathematical concepts through extensive use of manipulatives and problem-solving approaches.

# FAMILY SUPPORT PROGRAMS

## **FAMILY REUNIFICATION AND SUPPORT PROGRAM & PARENT EDUCATION (FRSP)**

The Family Reunification Support Program (FRSP) is a supportive service for families currently involved with state services, who have the goal of family reunification. FRSP works closely with the state provided advocate, toward a family's identified goals. Family Support Workers will supervise visitations, provide parent education and document parent/child interactions and provide them to the state agency that is monitoring the family's progress.

## **FAMILY VISITATION PROGRAM (FVP)**

FVP is a service available to families in need of a supportive environment in which to visit with their children. Family support workers transport the children to and from visits. The Visit Supervisor provides a weekly report to the state appointed Social Worker and/or Family Networks.

## **COURT ORDERED SUPERVISED VISITING PROGRAM (COSV)**

Our COSV is a program that allows parents to have supervised visits on a fee for service basis when this is a court requirement. Referrals come directly from the court system and objective documentation of the visit experience is provided to the referring court personnel. Week day, evening and Saturday appointments are available.

## **FAMILY ASSESSMENT & MENTORING SERVICES (FAMS)**

Family Assessment & Mentoring Services (FAMS) is a community-based outreach service providing support for families living on Cape Cod whose child is transitioning back from out-of-home placement and for youth at risk of requiring out-of-home treatment services. The case manager engages youth and caretakers primarily in the community to provide advocacy, case management, linkage to on-going clinical, medical and transportation services, educational assistance and parental support.

## **CAPE COD FAMILY SUPPORT PROJECTS (FSP)**

The Cape FSP program is an after school and summer day program for at risk youth. The goal is to help the youth to be successful both in their home environment and community. FSP workers support youth in the community to provide skill building and case management in a therapeutic setting.



After-School Hours: pick-up times are dependent on school dismissals and drop-offs start at 5:30 pm



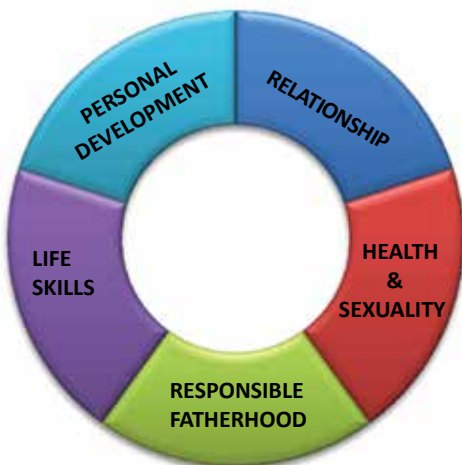
Summer Hours: 12pm to 4pm, Monday through Friday

# FAMILY SUPPORT PROGRAMS

## FATHERS IN TRUST (FiT)

The Fathers in Trust program is a 32 hour course (on average 16 weeks) that will cover the Fatherhood Development Curriculum, in a series of 2 hour sessions available on weekdays or Tuesday nights at The Children's Study Home. Our program is supported and held in conjunction with the After Incarceration Support Systems (AISS), a program of the Hampden County Sheriff's Department, located at the WW Johnson Life Center at 736 State Street in Springfield, MA. The 2 hour course at AISS is held on Wednesday nights from 5-7PM.

At the heart of the course are 5 Modules, each addressing a key area that will allow men to develop skills and relationships that increase positive outcomes in their families.





## **COMPREHENSIVE FOSTER CARE (CFC)**

Some children may need more supportive care and services than can be provided in their family homes or in traditional foster care. Comprehensive Foster Care provides a higher level of structure and supervision as well as advocacy and comprehensive wraparound services. Children receive intensive case management and a multidisciplinary service team for coordinating their care.

Before becoming a foster parent, The Children's Study Home will provide an explanation of parent expectations and other guidelines, and will help facilitate the required training through the Massachusetts Approach to Partnerships in Parenting (MAPP), a program to better prepare individuals for their role as a foster parent and help create and ensure that a safe home is provided for foster children. Foster parents receive specialized training, respite and other supports for sustaining their important work.



# RESIDENTIAL SERVICES

## **THE COTTAGE (males ages 6-13) & SHARP I – STUDY HOME ADOLESCENT RESIDENTIAL PROGRAM (males ages 13-18)**

Our group homes are therapeutic environments infused with positive reinforcement and behavioral treatment. We support children in their recovery from trauma, preparing them for stabilization and permanency. Our programs provide safe and secure environments for children to develop the skills necessary to be successful at home and in the community.

Children will benefit from the development of life and social skills, and a variety of recreational activities, including non-competitive games. Youth in our group homes have access to a variety of therapeutic and psycho-educational support groups to meet their individual needs. Each youth has an Individualized Action Plan developed by a multidisciplinary treatment team that describes specific needs and goals to be accomplished during a youth's stay at one of our residential homes.



## **START HerE – ADOLESCENT RESIDENTIAL TREATMENT PROGRAM (females ages 13-18)**

The Start HerE Program for adolescent girls is designed to address the unique issues facing teenage girls today. The initial primary focus is creating a safe and secure environment for the youth. The primary treatment protocol used at Start Here is DBT (Dialectical Behavior Therapy). DBT is an evidence based treatment protocol that supports youth in developing coping skills specifically in the areas of Mindfulness, Emotion Regulation, Distress Tolerance and Interpersonal Effectiveness.

DBT skills groups, individual and family therapy as well as clinical case management are provided. Our goal is to support adolescent girls to leave our program with improved self esteem, increased coping skills and a feeling of hope for the future.



# Contact

## SHERMAN STREET CAMPUS, SPRINGFIELD

ADMINISTRATION OFFICE  
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Phone: (413) 739-5626  
Fax: (413) 732-5457

## THE COTTAGE

Phone: (413) 739-5626  
Fax: (413) 732-5457

## THE FAMILY CENTER

Phone: (413) 739-5626  
Fax: (413) 304-4685

## FINANCE & HUMAN RESOURCES

60 Sherman Street  
Springfield, MA 01109  
Phone: (413) 739-5626  
Fax: (413) 276-0621

## CAPE COD PROGRAMS, HYANNIS

### CAPE FAMILY SUPPORT PROJECT

330 Beares Way  
Hyannis, MA 02601  
Phone: (508) 771-3102  
Fax: (508) 771-3103

## MILL POND BERKSHIRE CAMPUS

45 Cemetery Road  
Richmond, MA 01254  
Phone: (413) 282-5014  
Fax: (413) 282-5015

## MILL POND CAMPUS, SPRINGFIELD

91 Old Acre Road  
Springfield, MA 01129

## CURTIS BLAKE DAY SCHOOL

Phone: (413) 783-0569  
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## MILL POND SCHOOL

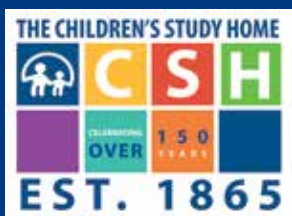
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## SHARP I

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## START HERE

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[www.studyhome.org](http://www.studyhome.org)

*The Children's Study Home is dedicated to partnering with families by providing innovative and educational programs and services that strengthen children and families; empowering them to succeed at home, within the community, and throughout life.*